



Guidance News

Following in the Board's footsteps, we've joined Instagram! You can also follow us on any of the platforms below for the latest news, updates, and announcements from Guidance. If there is anything guidance related that you would like to share such as volunteer or job opportunities, scholarships, etc., please send it my way for posting.

Instagram: @vssguidance



Twitter: @VaughanGuidance



Google Classroom: 8422tz2



Google Classroom



Association of Sri Lankan Graduates of Canada

**Jointly with
Inclusive School and Community Services
York Region District School Board**

Are Hosting:

Guidance for Higher Studies and Career Information Workshops 2019

For secondary students (Grades 9 – 12), parents and guardians

Admission is Free; Refreshments and Snacks Provided!

When:

Saturday, November 2, 2019

Time:

9:30 am – 1:30 pm

Where:

Middlefield Collegiate Institute, 525 Highglen Avenue (@ Middlefield Road), Markham

[Please Register Here](#)

For further information please contact:

Initha Subramaniam: initha.subramaniam@yrdsb.ca

Dr. K. Theivendirarajah: 416-561-4786

In partnership with:

Canadian Tamil Professionals' Association (CTPA), Canadian Tamil Medical Association (CTMA)
Sri Lankan Accountants Association of Canada (SAAC), Educators for Tamil Students' Success (YRDSB)





Parents for Children's Mental Health

SUPPORT. EDUCATE. EMPOWER.

Monday, October 21st

PARENTS' Support Group-all are welcome!

Topic: Depression and Anxiety with Expert Panel How can parents help?

Does your child's anxiety, ADHD, mood disorders, learning disability, or
behaviour challenges make parenting difficult?

Future Meetings 3 rd Monday of each month	Monday, November 18 – open discussion & sharing resources Monday, December 16 - Homework and LDs how to help, cope and advocate 2020 meetings continue 3 rd Monday of each month – February is our 4 th anniversary!
	6:30-8:00 pm No pre-registration is needed. All are welcome. Sorry no child minding available. Young children cannot safely be left unattended.
Where	*NEW*Aurora Kinark Office 218 Earl Stewart Drive, Unit 7, Aurora, ON L4G 6V7. One block south of St. John's Sideroad. One block west of Bayview Ave. Lots of free parking.

Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
 - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
 - learn how to access resources in the community

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit www.pcmh.ca.



Black Foundation of Community Networks (BFCN),
York Region District School Board (YRDSB) & Alliance of
Educators for Black Students (AEBS) presents a...

Scholarship Application Workshop

& Pathway Planning

Tuesday, September 24, 2019

7:00 p.m. – 8:30 p.m.

Vaughan Secondary School
1401 Clark Avenue West, Thornhill
(Dufferin & Steeles Avenue)



*An interactive workshop to show students and their parents
how to search, apply and win scholarships and bursaries.
If you are in High School or Grade 7/8 this workshop is for YOU!*

To register - Eventbrite 'BFCN' by Monday, September 23, 2019

For further information contact

Cheryl Yarde at 416-566-2731 or info@bfcn.ca

<https://www.eventbrite.com/e/bfcn-scholarship-application-workshop-pathway-planning-tickets-72186254029>

FREE EVENT – LIMITED SEATS

LIGHT REFRESHMENTS WILL BE SERVED
EVERYONE WELCOME



2019 University of Guelph-Humber Psychathlon

Join us for our 9th annual Psychathlon—a free online quiz designed to test psychology knowledge!

Grade 12 students are welcome to compete for a chance to:

- › Win one of five **\$1,000** awards toward tuition at the University.
- › Be invited, as one of the top 30 participants, to the University for a complimentary brunch, presentations by, and discussions with our psychology faculty and current students.

November 13, 2019

The Psychathlon will take place online at your high school—ask your social science teacher for details!

UNIVERSITY OF
GUELPH
HUMBER

207 Humber College Blvd.
Toronto, ON M9W 5L7
guelphhumber.ca/psychology

September

